



## Vince Poscente, CSP, CPAE

- New York Times Best-Selling Author
- Business Consultant
- Speaker Hall of Fame
- Olympian

**Is our 24/7, more-faster-now culture eating us alive...or setting us free? *New York Times* bestselling author, inductee into the Speaker Hall of Fame and Olympian, Vince Poscente has the answer.**

Vince Poscente used his unique perspective on business and speed to reach the gold medal round of the Olympic speed-skiing competition only four years after deciding to compete - with no previous racing experience. With every effort concentrated on achieving his own top speed, he began to notice the pervasive and defining influence speed has in all our lives.

Unraveling the notion that in today's world we need to slow down, Poscente illustrates why harnessing the power of speed is the ultimate solution for those seeking less stress, less busyness, and more balance. He combines lessons from his remarkable Olympic experience with insights from his book, *The Age of Speed*, to inspire even the most resistant individuals to embrace speed. With his infectious energy, warmth, and humor, Vince's keynote leaves audiences energized and excited about getting fast results.

Organizations and individuals that are going through major change at a rapid-fire pace will especially benefit from Vince's message:

***"Focusing on change alone is a mistake. Let's redirect our focus on embracing the speed in our more-faster-now culture. You don't cope with change...you embrace it. What is critical is the next level...not coping with speed but harnessing it. Execution is not about what to do...it is about how to do it...that's what creates innovative execution."***

Vince Poscente offers an INVIGORATING PERSPECTIVE that will leave you SEEKING SPEED, not running from it – CREATING IT, not fearing it.

### **Credentials:**

- CEO of a business consulting firm
- Managing Partner in a Media/Communications agency
- Master's Degree in Organizational Management
- Speaker Hall of Fame
- 1992 Olympic Winter Games finalist (Speed Skiing record holder - 135 mph)
- New York Times Bestselling author of *The Age of Speed – Learning to Thrive in our More-Faster-Now World*

***"...thought provoking new book [Vince Poscente] advocates coming to terms – nay, savoring – the 'more-faster-now world'"***

**Time Magazine**

**Speed Can Be Your Greatest All**